



**Mifflin County School District
Secondary Breakfast
December 2024**

Questions, Please Contact
"Food Service Director"
Bob DuFour
717-248-0148
Ext. 2514
rd02@mcsdk12.org

Monday	Tuesday	Wednesday	Thursday	Friday
<p>French Toast Sticks Or PBJ</p>	<p>Sausage, Egg & Cheese Sandwich Or PBJ</p>	<p>Assorted Cereal w/Muffin Or PBJ</p>	<p>Pancake & Sausage on a Stick Or PBJ</p>	<p>Breakfast Pizza Or PBJ</p>

What is a Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of: Grain or grain/protein
- Choice of fruit or vegetable (must take at least a 1/2 cup) and
- Choice of Milk
- Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

**OTHER BREAKFAST
OPTIONS AVAILABLE DAILY:**

*Assorted Cereals
Muffins,
Pop Tarts,,
Whole Grain Donuts
&
Mini Cinnis*

*Start Your Day off With a
"Free" Breakfast for 24-25 School Year*



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Menu Subject to Change Based Upon Product Availability