

# Mifflin County School District

## December 2024 Academy

USDA is an equal opportunity provider and employer.

**What is a Meal?**  
 You must choose at least 3 of the 5 components available for the school lunch price.  
 Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch  
 Meat or meat alternate  
 Choice of Vegetable  
 Choice of Fruit  
 Grain/Bread  
 Choice of Milk

**Weekly Vegetable Subgroups May Include**  
 Dark green - spinach, broccoli, romaine and spring salad  
 Red/Orange - carrots, sweet potatoes, tomatoes, red peppers  
 Beans/Peas  
 Starchy - white potatoes, corn, and lima beans  
 Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage  
**Featured Fruit May Include:**  
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Leave Your Lunch Box at Home**  
 Daily alternatives May include:  
 Fresh Entree Salad of the Week  
 Craveable of the Week which could include:  
 Nacho with Chips and Salsa, Cheese stick and Crackers, Breadstick Dipper, and more..

"The Menu is subject to change based on product availability."  
 Lunch Prices:  
 Student: \$3.00  
 Student Reduced: \$.40

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>December 2</b>  <b style="color: red;">Holiday Break No School</b>	<b>December 3</b> <b>Entrée</b> County Fair Corn Dog  <b style="color: green;">FEATURED VEGGIES</b> Oven Fries Steamed Broccoli  <i style="font-size: small;">Day 4</i>	<b>December 4</b> <b>Entrée</b> Grilled Cheese Sandwich w/ Tomato Soup  <b style="color: green;">FEATURED VEGGIES</b> Pepper Strips Celery Sticks  <i style="font-size: small;">Day 5</i>	<b>December 5</b> <b>Entrée</b> Chicken Gravy over Biscuits  <b style="color: green;">FEATURED VEGGIES</b> Mashed Potatoes Cherry Tomatoes  <i style="font-size: small;">Day 6</i>	<b>December 6</b> <b>Entrée</b> Sausage Egg & Cheese Sandwich  <b style="color: green;">FEATURED VEGGIES</b> Tots Baby Carrots  <i style="font-size: small;">Day 1</i>
		<i style="color: red;">Alternative:</i>	<i style="color: red;">Deli Hoagie</i>		
	<b>December 9</b> <b>Entrée</b> Chicken Bacon Ranch Flatbread  <b style="color: green;">FEATURED VEGGIES</b> Cherry Tomatoes Baked Bean  <i style="font-size: small;">Day 2</i>	<b>December 10</b> <b>Entrée</b> Nachos Grande <b>(Beef Nachos)</b>  <b style="color: green;">FEATURED VEGGIES</b> Black Beans Lettuce & Tomato  <i style="font-size: small;">Day 3</i>	<b>December 11</b> <b>Entrée</b> Buffalo Chicken Dip w/Chips  <b style="color: green;">FEATURED VEGGIES</b> Celery Baked Beans  <i style="font-size: small;">Day 4</i>	<b>December 12</b> <b>Entrée</b> <b style="color: red;">Christmas Holiday Meal</b>    <i style="font-size: small;">Day 5</i>	<b>December 13</b> <b>Entrée</b> Italian Meatball Sandwich  <b style="color: green;">FEATURED VEGGIES</b> Green Bean Side Salad  <i style="font-size: small;">Day 6</i>
		<i style="color: red;">Alternative:</i>	<i style="color: red;">Hamburger</i>		
	<b>December 16</b> <b>Entrée</b> Pancakes w/Sausage  <b style="color: green;">FEATURED VEGGIES</b> Baby Carrots Tots  <i style="font-size: small;">Day 1</i>	<b>December 17</b> <b>Entrée</b> Walking Taco w/ Roll  <b style="color: green;">FEATURED VEGGIES</b> Corn Lettuce & Tomato  <i style="font-size: small;">Day 2</i>	<b>December 18</b> <b>Entrée</b>  <b style="color: red;">Chef's Choice</b>  <i style="font-size: small;">Day 3</i>	<b>December 19</b> <b>Entrée</b>  <b style="color: red;">Chef's Choice</b>  <i style="font-size: small;">Day 4</i>	<b>December 20</b> <b>Entrée</b>  <b style="color: red;">Chef's Choice</b>  <i style="font-size: small;">Day 5</i>
		<i style="color: red;">Alternative</i>	<i style="color: red;">Chef's Choice</i>		
	<b>December 23</b>  <b style="color: red;">Holiday Break No School</b>   <b>Classes Resume 1-2-25</b>	<b>December 24</b>  <b style="color: red;">Holiday Break No School</b>	<b>December 25</b>  <b style="color: red;">Holiday Break No School</b>	<b>December 26</b>  <b style="color: red;">Holiday Break No School</b>	<b>December 27</b>  <b style="color: red;">Holiday Break No School</b>
	<b>December 30</b>  <b style="color: red;">Holiday Break No School</b>	<b>December 31</b>  <b style="color: red;">Holiday Break No School</b>	<b>January 1</b>  <b style="color: red;">Holiday Break No School</b>  <b style="color: red;">Happy New Year!!!</b>		