

Mifflin County School District

December 2024 Elementary-Intermediate Menu

USDA is an equal opportunity provider and employer.

What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price.
 Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk

Weekly Vegetable Subgroups May Include
 Dark green - spinach, broccoli, romaine and spring salad
 Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
 Beans/Peas
 Starchy - white potatoes, corn, and lima beans
 Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage
Featured Fruit May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch Box at Home
 Daily alternatives May include:
 Fresh Entree Salad of the Week
 Craveable of the Week which could include:
 Nacho with Chips and Salsa, Cheese stick and Crackers, Breadstick Dipper, and more..

"The Menu is subject to change based on product availability."

Lunch Prices:
 Student: \$2.85
 Student Reduced: \$.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 2 Holiday Break No School	December 3 Entrée County Fair Corn Dog FEATURED VEGGIES Fries Steamed Broccoli <i>Day 4</i>	December 4 Entrée Grilled Cheese Sandwich w/ Tomato Soup FEATURED VEGGIES Pepper Strips Celery Sticks <i>Day 5</i>	December 5 Entrée Chicken Gravy over Biscuits FEATURED VEGGIES Scalloped Potato Cherry Tomatoes <i>Day 6</i>	December 6 Entrée Sausage Egg & Cheese Sandwich FEATURED VEGGIES Tots Baby Carrots <i>Day 1</i>
	<i>Alternatives:</i>	<i>Yo-Go Craveable</i>	<i>or Chef Salad</i>	
December 9 Entrée Ham Sandwich on Pretzel Roll FEATURED VEGGIES Cherry Tomatoes Chips <i>Day 2</i>	December 10 Entrée Nachos Grande (Beef Nachos) FEATURED VEGGIES Black Beans Lettuce & Tomato <i>Day 3</i>	December 11 Entrée Christmas Holiday Meal  <i>Day 4</i>	December 12 Entrée Italian Meatball Sandwich FEATURED VEGGIES Green Bean Side Salad <i>Day 5</i>	December 13 Entrée Cheese Pizza FEATURED VEGGIES Cherry Tomatoes Baked Bean <i>Day 6</i>
	<i>Alternatives:</i>	<i>Nacho Craveable</i>	<i>or Chicken Caesar Salad</i>	
December 16 Entrée Pancakes w/Sausage FEATURED VEGGIES Baby Carrots Tots <i>Day 1</i>	December 17 Entrée Walking Taco w/ Roll FEATURED VEGGIES Green Pepper Strips Lettuce & Tomato <i>Day 2</i>	December 18 Entrée Chef's Choice <i>Day 3</i>	December 19 Entrée Chef's Choice <i>Day 4</i>	December 20 Entrée Chef's Choice <i>Day 5</i>
	<i>Alternatives:</i>	<i>Chef's Choice</i>	<i>Chef's Choice Salad</i>	
December 23 Holiday Break No School  Classes Resume 1-2-25	December 24 Holiday Break No School	December 25 Holiday Break No School	December 26 Holiday Break No School	December 27 Holiday Break No School
December 30 Holiday Break No School	December 31 Holiday Break No School	January 1 Holiday Break No School Happy New Year!!!		