



Mifflin County School District

January 2025 Gluten Free Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | January 2 Chicken Gravy over GF Bread Mashed Potatoes, Peas | January 3 Sausage, Egg Cheese On GF Roll Tots Carrots |
| January 6 Cheeseburger on GF Roll Fries Green Peppers | January 7 Nachos Grande Black Beans Lettuce & Tomato | January 8 GF Pasta w/Meat Sauce Side Salad Green Beans | January 9 Turkey Sandwich GF Bread Baked Beans Fries | January 10 Grilled Chicken Salad GF Roll GF Dressing |
| January 13 Grilled Chicken Sandwich GF/Roll Fries Green Beans | January 14 Walking Taco w/GF Roll Corn Lettuce & Tomato | January 15 Grilled Cheese on GF Bread GF Tomato Soup Peas, Carrots | January 16 Hot Dog GF Roll Fries Baked Beans | January 17 Gf Pasta Mac & Cheese Steamed Broccoli Cherry Tomatoes |
| January 20 <b style="color: red;">No School <b style="color: red;">MLK Day!!! | January 21 Taco Tots Corn Lettuce & Tomato | January 22 GF Pasta w/Meat Sauce Side Salad Steamed Broccoli | January 23 Gf Chicken Tenders GF Roll Corn Mashed Potatoes | January 24 Grilled Chicken Salad GF Roll GF Dressing |
| January 27 Hot Dog GF Roll Fries Baked Beans | January 28 Grilled Chicken Strips With Rice Broccoli Green Pepper Strips | January 29 Grilled Chicken Sandwich GF Roll Tots Green Beans | January 30 Pizza Casserole GF Pasta Side Salad Cucumbers | January 31 <b style="color: red;">No School <b style="color: red;">Act 80 Day!!! |