


Mifflin County School District

February 2025 Elementary-Intermediate

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>USDA is an equal opportunity provider and employer.</p> <p>What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. Minimum of 1/2 cup servings of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch Meat or meat alternate Choice of Vegetable Choice of Fruit Grain/Bread Choice of Milk</p> <p>Weekly Vegetable Subgroups May Include: Dark green - spinach, broccoli, romaine and spring salad Red/Orange - carrots, sweet potatoes, tomatoes, red peppers Beans/Peas Starchy - white potatoes, corn, and lima beans Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage Featured Fruit May Include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges</p> <p>Leave Your Lunch Box at Home Daily alternatives May include: Fresh Entree Salad of the Week Crave able of the Week which could include: Nacho with Chips and Salsa, Cheese stick and Crackers, Breadstick Dipper, and more..</p> <p style="border: 1px solid black; padding: 5px; text-align: center;">"The Menu is subject to change based on product availability."</p> <p style="text-align: center;">Lunch Prices: Student: \$2.85 Student Reduced: \$.40</p> <p>Questions, Please Contact "Food Service Director" Bob DuFour 717-248-0148 Ext. 2514 rd02@mcsdk12.org</p>	<p style="text-align: center;"><u>February 3</u></p> <p style="text-align: center;">Entrée Cheeseburger on Roll</p> <p style="text-align: center;">FEATURED VEGGIES Fries Green Peppers</p> <p style="text-align: right;"><i>Day 6</i></p>	<p style="text-align: center;"><u>February 4</u></p> <p style="text-align: center;">Entrée Cheese Quesadilla</p> <p style="text-align: center;">FEATURED VEGGIES Corn Lettuce & Tomato</p> <p style="text-align: right;"><i>Day 1</i></p>	<p style="text-align: center;"><u>February 5</u></p> <p style="text-align: center;">Entrée Chicken Noodle Soup w/ Cheese Sandwich</p> <p style="text-align: center;">FEATURED VEGGIES Peas Green Peppers</p> <p style="text-align: right;"><i>Day 2</i></p>	<p style="text-align: center;"><u>February 6</u></p> <p style="text-align: center;">Entrée Baked Ham w/Roll</p> <p style="text-align: center;">FEATURED VEGGIES Scalloped Potatoes Steamed Broccoli</p> <p style="text-align: right;"><i>Day 3</i></p>	<p style="text-align: center;"><u>February 7</u></p> <p style="text-align: center;">Entrée Sausage, Egg & Cheese Sandwich</p> <p style="text-align: center;">FEATURED VEGGIES Tots Cherry Tomatoes</p> <p style="text-align: right;"><i>Day 4</i></p>	
			<i>Alternatives:</i>	<i>Yo-Go Craveable</i>	<i>or Chef Salad</i>	
		<p style="text-align: center;"><u>February 10</u></p> <p style="text-align: center;">Entrée Hot Dog w/ Mac and Cheese</p> <p style="text-align: center;">FEATURED VEGGIES Baby Carrots Baked Beans</p> <p style="text-align: right;"><i>Day 5</i></p>	<p style="text-align: center;"><u>February 11</u></p> <p style="text-align: center;">Entrée Nachos Grande (Beef Nachos)</p> <p style="text-align: center;">FEATURED VEGGIES Black Beans Lettuce & Tomato</p> <p style="text-align: right;"><i>Day 6</i></p>	<p style="text-align: center;"><u>February 12</u></p> <p style="text-align: center;">Entrée Spaghetti w/ Meat sauce Breadstick</p> <p style="text-align: center;">FEATURED VEGGIES Side Salad Green Beans</p> <p style="text-align: right;"><i>Day 1</i></p>	<p style="text-align: center;"><u>February 13</u></p> <p style="text-align: center;">Entrée Chicken Patty on Roll</p> <p style="text-align: center;">FEATURED VEGGIES Tots Peas</p> <p style="text-align: right;"><i>Day 2</i></p>	<p style="color: red; font-weight: bold;">February 14</p> <p style="color: red; font-weight: bold;">No School Act 80 Day</p> <p style="text-align: right;"><i>Day 3</i></p>
			<i>Alternatives:</i>	<i>Nacho Craveable</i>	<i>or Chicken Caesar Salad</i>	
		<p style="color: red; font-weight: bold;">February 17</p> <p style="color: red; font-weight: bold;">No School</p>  <p style="text-align: center;">PRESIDENT'S DAY</p>	<p style="text-align: center;"><u>February 18</u></p> <p style="text-align: center;">Entrée Walking Taco w/ Roll</p> <p style="text-align: center;">FEATURED VEGGIES Corn Lettuce & Tomato</p> <p style="text-align: right;"><i>Day 4</i></p>	<p style="text-align: center;"><u>February 19</u></p> <p style="text-align: center;">Entrée Grilled Cheese Tomato Soup</p> <p style="text-align: center;">FEATURED VEGGIES Peas Baby Carrots</p> <p style="text-align: right;"><i>Day 5</i></p>	<p style="text-align: center;"><u>February 20</u></p> <p style="text-align: center;">Entrée Chicken Parm w/ Buttered Noodles</p> <p style="text-align: center;">FEATURED VEGGIES Celery Steamed Broccoli</p> <p style="text-align: right;"><i>Day 6</i></p>	<p style="text-align: center;"><u>February 21</u></p> <p style="text-align: center;">Entrée Mac & Cheese w/Roll</p> <p style="text-align: center;">FEATURED VEGGIES Baked Beans Cherry Tomatoes</p> <p style="text-align: right;"><i>Day 1</i></p>
			<i>Alternatives:</i>	<i>Breadstick Craveable</i>	<i>or Crispy Chicken Salad</i>	
		<p style="text-align: center;"><u>February 24</u></p> <p style="text-align: center;">Entrée French Toast Sticks w/ Sausage</p> <p style="text-align: center;">FEATURED VEGGIES Baby Carrots Cauliflower</p> <p style="text-align: right;"><i>Day 2</i></p>	<p style="text-align: center;"><u>February 25</u></p> <p style="text-align: center;">Entrée Deli Hoagie</p> <p style="text-align: center;">FEATURED VEGGIES Baby Carrots Tots</p> <p style="text-align: right;"><i>Day 3</i></p>	<p style="text-align: center;"><u>February 26</u></p> <p style="text-align: center;">Entrée Beefy Macaroni (Goulash)</p> <p style="text-align: center;">FEATURED VEGGIES Side Salad Steamed Broccoli</p> <p style="text-align: right;"><i>Day 4</i></p>	<p style="text-align: center;"><u>February 27</u></p> <p style="text-align: center;">Entrée Popcorn Chicken w/Roll Mashed Potatoes Corn</p> <p style="text-align: center;">FEATURED VEGGIES Mashed Potatoes Corn</p> <p style="text-align: right;"><i>Day 5</i></p>	<p style="text-align: center;"><u>February 28</u></p> <p style="text-align: center;">Entrée Cheese Pizza</p> <p style="text-align: center;">FEATURED VEGGIES Cherry Tomatoes Celery</p> <p style="text-align: right;"><i>Day 6</i></p>
			<i>Alternatives:</i>	<i>PB&J Craveable</i>	<i>or Chef Salad</i>	

