



**Mifflin County School District  
Secondary Breakfast  
February 2025**

Questions, Please Contact  
"Food Service Director"  
Bob DuFour  
717-248-0148  
Ext. 2514  
[rd02@mcsdk12.org](mailto:rd02@mcsdk12.org)

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>French Toast Sticks</b>  <b>Or</b> <b>PBJ</b>	<b>Sausage, Egg &amp; Cheese Sandwich</b>  <b>Or</b> <b>PBJ</b>	<b>Assorted Cereal w/Muffin</b>  <b>Or</b> <b>PBJ</b>	<b>Pancake &amp; Sausage on a Stick</b>  <b>Or</b> <b>PBJ</b>	<b>Breakfast Pizza</b>  <b>Or</b> <b>PBJ</b>

**What is a Meal?**  
 You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein  
 Choice of fruit or vegetable (must take at least a 1/2 cup) and  
 Choice of Milk  
 Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

**OTHER BREAKFAST**  
**OPTIONS AVAILABLE DAILY:**  
***Assorted Cereals***  
***Muffins,***  
***Pop Tarts,,***  
***Whole Grain Donuts***  
 &  
***Mini Cinnis***

***Start Your Day off With a***  
***"Free" Breakfast for 24-25 School Year***



USDA is an Equal Opportunity Provider  
and Employer

Menu Subject to Change Based Upon Product Availability