

Mifflin County School District

January 2025 Gluten Free Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			January 2 Chicken Gravy over GF Bread Mashed Potatoes, Peas	<u>January 3</u> Sausage, Egg Cheese On GF Roll Tots Carrots
January 6 Cheeseburger on GF Roll Fries Green Peppers	January 7 Nachos Grande Black Beans Lettuce & Tomato	January 8 GF Pasta w/Meat Sauce Side Salad Green Beans	January 9 Turkey Sandwich GF Bread Baked Beans Fries	January 10 Grilled Chicken Salad GF Roll GF Dressing
January 13 Grilled Chicken Sandwich GF/Roll Fries Green Beans	January 14 Walking Taco w/GF Roll Corn Lettuce & Tomato	January 15 Grilled Cheese on GF Bread GF Tomato Soup Peas, Carrots	<u>January 16</u> Hot Dog GF Roll Fries Baked Beans	January 17 Gf Pasta Mac & Cheese Steamed Broccoli Cherry Tomatoes
January 20 Cheeseburger on GF Roll Fries Green Peppers	<u>January 21</u> Taco Tots Corn Lettuce & Tomato	January 22 GF Pasta w/Meat Sauce Side Salad Steamed Broccoli	<u>January 23</u> Gf Chicken Tenders GF Roll Corn Mashed Potatoes	January 24 Grilled Chicken Salad GF Roll GF Dressing
January 27 Hot Dog GF Roll Fries Baked Beans	<u>January 28</u> Grilled Chicken Strips With Rice Broccoli Green Pepper Strips	<u>January 29</u> Grilled Chicken Sandwich GF Roll Tots Green Beans	January 30 Pizza Casserole GF Pasta Side Salad Cucumbers	<u>January 31</u> No School Act 80 Day!!!