

Mifflin County School District March 2025 Gluten Free Menu

Monday	Tuesday	Wednesday	Thursday	Friday
March 3 Cheeseburger on GF Roll Fries Green Peppers	March 4 Chef Salad GF Roll GF Dressing	March 5 Chicken Gravy Over GF Bread Mashed Potato Corn	March 6 Chicken Corn Chowder PB Sandwich GF Bread Cherry Tomato/Peas	March 7 Egg and Cheese Sandwich GF Roll Sausage, Tots Celery
March1 0 Hot Dog GF Roll GF Mac & Cheese Baby Carrots Baked Beans	March 11 Nachos Grande Black Beans Lettuce & Tomato	March 12 GF Pasta w/Meat Sauce Side Salad Green Beans	March 13 Deli Turkey Sandwich GF Roll Fries Baby Carrots	March 14 No School Act 80 Day
March 17 Sloppy Joe w/GF Roll Tots Baked Beans	March 18 Walking Taco w/GF Roll Corn Lettuce & Tomato	March 19 Grilled Cheese on GF Bread GF Tomato Soup Peas, Carrots	March 20 Gf Chicken Tenders Fries Steamed Broccoli	March 21 Grilled Chicken Salad GF Roll GF Dressing
March 24 BBQ Chicken Sandwich GF Roll Fries Baked Beans	March25 Taco Tots Corn Lettuce & Tomato	March 26 Grilled Chicken Sandwich Rice Pepper Strips/Broccoli	March 27 Pizza Casserole GF Pasta Green Beans Baby Carrots	March 28 GF Pasta Mac & Cheese Fries Peas

March 31

Sausage Egg & Cheese Sandwich GF Roll Tots Cherry Tomatoes Menu Subject to Change Based Upon Product Availability