

# PACK POST

MIFFLIN COUNTY MIDDLE SCHOOL MONTHLY NEWSLETTER



2 MANOR DRIVE  
LEWISTOWN, PA 17044  
717-242-1401

[HTTPS://WWW.MCSDK12.ORG/MCMS/](https://www.mcSDK12.org/mcMS/)

OFFICE HOURS:  
7:30 AM - 4:00 PM

## DEAR MCMS PARENTS/GUARDIANS,

In this edition of the Pack Post, you'll find news and information about Girls on the Run, National School Counseling Week, the PBIS Valentine's Day candy/carnation sale, and more. Don't miss the Classroom Spotlights on pages 6 through 8 which highlight some awesome learning activities that have taken place recently in classrooms throughout our building.

## HANDICAPPED PARKING REMINDER

Please be mindful of handicapped parking spaces around MCMS. These spaces are reserved for vehicles transporting persons with disabilities. Vehicles parked in these spaces must display a handicapped parking placard. Our school resource officer is monitoring and enforcing this parking regulation. Thank you for your cooperation.

## CELL PHONE POLICY REMINDER

Students at MCMS are not permitted to use their cell phones during the instructional day. Students who need to contact home during the day for any reason may come to the main office to place a call. Students who violate the electronic device policy will be subject to school discipline.

FOLLOW US ON SOCIAL MEDIA:



## UPCOMING EVENTS

**Monday, February 10, 2025 -  
Thursday, February 13, 2025**  
MCMS Book Club "Blind Date  
with a Book" Sale

**Tuesday, February 11, 2025 -  
Thursday, February 13, 2025**  
PBIS Candy and Carnation Sale

**Friday, February 14, 2025**  
Act 80 Day  
No School for Students

**Monday, February 17, 2025**  
President's Day  
No School for Students  
Designated Make-Up Day #3

## MCMS SKI CLUB ANNOUNCEMENTS

We had three great trips to Tussey in January!

Our fourth and final Ski Club trip will be on Thursday, February 13, 2025. If we are prevented from going because of weather or Tussey being closed, we will explore going on a different day of the week.



You can sign up for **REMIND** text messages from the MCMS Ski Club by texting **@h47gk3 TO: 81010**. For more information about Ski Club (further announcements and information) you can visit [the MCMS Ski Club Webpage](#).

## NATIONAL SCHOOL COUNSELING WEEK 2025

February 4-8 is National School Counseling Week, and the theme for 2025 is “**School Counseling: Helping Students Thrive.**” The MCMS School Counselors are Mr. Andy McCardell for 6th grade, and Mrs. Jane Foor, who has 7th grade. Our school counselors help students thrive by using the school’s academic, attendance, and discipline data, to remove barriers to learning as well as encouraging students to examine their abilities, strengths and interests. Our school counselors follow the ASCA National Model to provide individual counseling to students on an as-needed basis, collaborate



with families and community providers to ensure students have access to mental health services, run small groups to address low grades and mental health issues, and provide classroom lessons on executive functioning skills and career exploration. If you feel that your child could use extra support in any of these areas, please reach out to your child’s school counselor (contact info below).

To learn more about the essential role of middle school counselors, check out the link below:

<https://schoolcounselor.org/getmedia/7ed7a427-a87a-4609-a4e1-ee8e5358df29/Why-Middle.pdf>



Mr. Andy McCardell  
6th Grade Counselor  
alm21@mcsdk12.org



Mrs. Jane Foor  
7th Grade Counselor  
jaf28@mcsdk12.org

JOIN US AT MIFFLIN COUNTY MIDDLE SCHOOL!

# heart & sole

Be relentless. Heart & Sole is for any girl brave enough to be herself. Join us for a 10-week program that will empower you to tap into your strengths and learn new life skills. Every week, we'll run, laugh and learn about what makes each other tick. The program ends with a celebration of how far you've come ... and a 5K that will remind you that you can crush any goal you set your mind to.

Girls on  
the run®

## HEART & SOLE LESSONS FOCUS ON:



The whole girl - body, brain, heart, spirit, and social connection



Identify personal obstacles, strengths, and support systems



Learn strategies for developing healthy habits - body & mind

## Mifflin County Middle School

- Season starts the week of 2/24/25
- Ends with the celebratory 5K on 4/26/25 at the Lewisburg YMCA
- Practices: Mondays & Thursdays, 3:00-4:30 PM
- Registration is now open!
- Discounts & Payment Plans Available!

SCAN TO REGISTER!



## QUESTIONS?

Contact at  
Mifflin County Middle School

Miss Lori Mowery

717-242-1401

LMM46@mcsdk12.org

For more information and to register,  
visit [www.gotrmidstateepa.org](http://www.gotrmidstateepa.org)



## MCMS BAND NEWS



The MCMS Instrumental Ensembles held a collection drive for the local food pantry and district homeless pantry leading up to their concert on December 10, 2024. Here students Sierra Snyder, Amara Deckman and Brody Harshbarger stand with the donations collected. The collection drive, in its second year, more than doubled collections from year one and the groups hope to see it continue to grow in the future. Thank you for your generosity this holiday season!

Congratulations to the following 6th grade students, who were selected to represent Mifflin County Middle School at the Pennsylvania Music Educator's Association District 4 6th Grade Band Fest to be held at Central Mountain Middle School on Friday, April 25, 2025:

Row 1: Abbi Snyder (Baritone), Cloe Frankhouser (Oboe) and Airalynn Alexander (Bari Sax)

Row 2: Ansley Wyland (Bass Clarinet), Sawyer Chambers (Clarinet 1), Evelyn Parkes (Tenor Sax) and Emma Peachey (Clarinet 1)

Row 3: Cadence Diehl (Flute 1), Nevaeh Hammill (Bass Clarinet), Jonas Kochenderfer (Tenor Sax), Audrey Shinskie (French Horn) and Isaac Coldren (Tuba)

Missing from the photo, but also selected were Jazlyn Garcia-Garcia (Bass Clarinet) and Gracen Heckendorn (Percussion).



## MCMS PBIS SURVEY



We kindly ask that you take a few moments to complete a brief survey with three questions about the implementation of PBIS (Positive Behavioral Interventions and Supports) at our middle school. Your feedback is valuable and will help us improve the program. To participate, simply scan the QR code using your phone's camera, which will direct you to the Google Form where you can submit your responses. Thank you for your time and input!



## ATHLETIC NEWS

- Spring sports registration is now open. The deadline to register for spring sports is February 19. First day of spring sports practices is March 3.
- The Husky Club All Sports Recognition Night has been set for May 21 at 6:00 p.m. in the MCHS Auditorium. Mark your calendars to celebrate our MC student-athletes. All are welcome to attend.
- Senior Citizen, Active Military, and Veteran Free Athletic Passes can be obtained at the MCHS Main Office. All passes are good for life.
- Get the most up-to-date athletic information on our [athletic website](#) and by following [ArbiterLive!](#)
- Check out our [MC Athletics' Facebook page](#), and follow us on Twitter [@MCHuskySports](#) for the most up-to-date information regarding MC Athletics.

We support  
big league dreams.

Geisinger

Geisinger is the official sports medicine and orthopedics provider of the Mifflin County Huskies. Geisinger supports the big dreams of Mifflin County athletics, and whether your dreams include playing in the pros, hiking, or just getting back on your feet, our doctors and healthcare professionals are here for you every step of the way. Learn more at [Geisinger.org/bigdreams](http://Geisinger.org/bigdreams).

## BOOK CLUB'S "BLIND DATE WITH A BOOK" SALE

MCMS BOOK CLUB PRESENTS

BLIND DATE  
WITH A BOOK

2/10 - 2/13

- During Morning Meeting
- Table Outside the Office

\$5  
EACH

A wide selection of books  
middle schoolers will love!

All proceeds support activities and  
new books for students in the  
MCMS Book Club

Is your student looking for their next great read? Support the MCMS Book Club by participating in our Blind Date with a Book sale! From **February 10th to February 13th**, students can stop by the table outside the office during Morning Meeting time to buy a wrapped book for just **\$5 each**. Each book comes with a few clues on the cover as to what the story is about—but no peeking! All proceeds will help fund book club activities and inspire a love of reading in our students. Thank you for your support!

# PBIS Candy and Carnation Sale



Candy - \$1.00  
Carnations - \$2.00  
Sold at the School Store

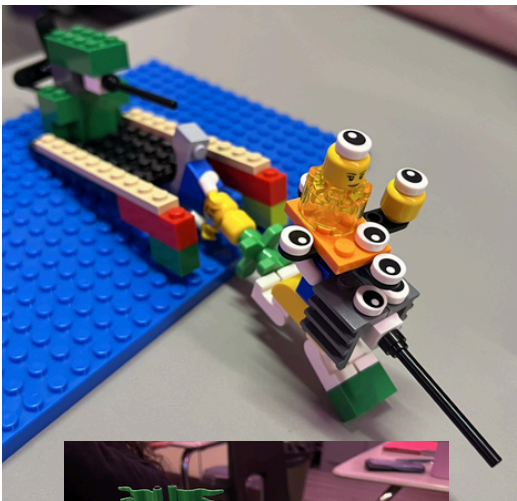
Valentine's Day Candy  
Tuesday and Thursday  
February 11 and 13



Valentine's Day Flowers  
Thursday, February 13

## CLASSROOM SPOTLIGHT: MRS. WEAVER AND MRS. ZERBY'S 7TH GRADE MATH

Students in Mrs. Weaver's and Mrs. Zerby's 7th grade math class participated in a Lego building contest for their Reset Day activity on Friday, January 24. Students were tasked with building something imaginative through teamwork for a chance to win a prize for "most creative creation."





## CLASSROOM SPOTLIGHT: MRS. HARTMAN'S 6TH GRADE SCIENCE

Mrs. Hartman's 6th grade science students spent much of December and January learning about tectonic plate movement and earthquakes. After spending time researching how engineers design buildings in earthquake prone areas, students are designing and building their own earthquake resistant structures using simple materials like marshmallows, spaghetti sticks, and tape. During the building process, students are using model earthquake boards to mimic earthquake waves and test their structure's earthquake resistance.





## CLASSROOM SPOTLIGHT: MR. BAKER'S 7TH GRADE SOCIAL STUDIES

In Mr. Baker's 7th grade social studies classes, students are displaying their knowledge of the mummification process in their Ancient Egypt unit through creating their own sarcophagus projects.

