

Mifflin County School District

April 2025 Elementary-Intermediate

USDA is an equal opportunity provider and employer.

What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price.
 Minimum of 1/2 cup **servng** of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
 Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk

Weekly Vegetable Subgroups May Include:
 Dark green - spinach, broccoli, romaine and spring salad
 Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
 Beans/Peas
 Starchy - white potatoes, corn, and lima beans
 Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage
Featured Fruit May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch Box at Home
Daily alternatives May include:
 Fresh Entree Salad of the Week
 Crave able of the Week which could include:
 Nacho with Chips and Salsa, Cheese stick and Crackers, Breadstick Dipper, and more..

"The Menu is subject to change based on product availability."
Lunch Prices:
 Student: \$2.85
 Student Reduced: \$.40

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		April 1 Entrée Chicken Quesadilla FEATURED VEGGIES Corn Lettuce & Tomato <i style="text-align: right;">Day 4</i>	April 2 Entrée Meatball Sandwich FEATURED VEGGIES Fries Peas <i style="text-align: right;">Day 5</i>	April 3 Entrée Chicken Gravy w/ Biscuits FEATURED VEGGIES Mashed Potatoes Corn <i style="text-align: right;">Day 6</i>	April 4 Entrée Ham, Egg & Cheese Sandwich FEATURED VEGGIES Tots Green Beans <i style="text-align: right;">Day 1</i>
		Alternatives:	Yo-Go Craveable	or Chef Salad	
	April 7 Entrée Chicken Patty Sandwich FEATURED VEGGIES Baked Beans Smiley Fries <i style="text-align: right;">Day 2</i>	April 8 Entrée Nachos Grande (Beef Nachos) FEATURED VEGGIES Black Beans Lettuce & Tomato <i style="text-align: right;">Day 3</i>	April 9 Entrée Chicken Noodle Soup w/ Peanut Butter Sandwich FEATURED VEGGIES Pepper Strips Steamed Broccoli <i style="text-align: right;">Day 4</i>	April 10 Entrée Deli Turkey Hoagie FEATURED VEGGIES Fries Baby Carrots <i style="text-align: right;">Day 5</i>	April 11 Entrée Fish Sticks w/ Mac & Cheese FEATURED VEGGIES Pepper Strips Peas <i style="text-align: right;">Day 6</i>
		Alternatives:	Nacho Craveable	or Chicken Caesar Salad	
	April 14 Entrée Sloppy Joe FEATURED VEGGIES Tots Baked Beans <i style="text-align: right;">Day 1</i>	April 15 Entrée Chicken Fajitas w/Rice FEATURED VEGGIES Onions & Peppers Lettuce & Tomato <i style="text-align: right;">Day 2</i>	April 16 Entrée Grilled Cheese Tomato Soup FEATURED VEGGIES Peas Baby Carrots <i style="text-align: right;">Day 3</i>	April 17 Entrée Cheese Pizza FEATURED VEGGIES Celery Corn Easter Treat <i style="text-align: right;">Day 4</i>	April 18 Entrée No School Good Friday 
		Alternatives:	Breadstick Craveable	or Crispy Chicken Salad	
	April 21 Entrée No School Easter Break 	April 22 Entrée Chicken Tacos FEATURED VEGGIES Corn Lettuce & Tomato <i style="text-align: right;">Day 5</i>	April 23 Entrée Spaghetti w/ Meat sauce Breadstick FEATURED VEGGIES Side Salad Green Beans <i style="text-align: right;">Day 6</i>	April 24 Entrée Sausage Egg & Cheese Sandwich FEATURED VEGGIES Tots Corn <i style="text-align: right;">Day 1</i>	April 25 Entrée Chicken Alfredo w/ Breadstick FEATURED VEGGIES Side Salad Steamed Broccoli <i style="text-align: right;">Day 2</i>
		Alternatives:	PB&J Craveable	or Chef Salad	
	April 28 Entrée Cheeseburger on Roll FEATURED VEGGIES Fries Green Beans <i style="text-align: right;">Day 3</i>	April 29 Entrée Chicken Nachos FEATURED VEGGIES Corn Lettuce & Tomato <i style="text-align: right;">Day 4</i>	April 30 Entrée Ham Hoagie FEATURED VEGGIES Tots Baked Beans <i style="text-align: right;">Day 5</i>		
		Alternatives:	Italian Craveable	or Chicken Caesar Salad	